

MedTap is free to download:

- iOS: bit.ly/medtapios
- Android: bit.ly/medtapandroid

Talk to your local chemist. Your community pharmacy (chemist) will be able to give you advice and support after you leave hospital through the New Medicine Service or a Medicines Use Review. Both are free NHS services to help you understand your condition, pick up any problems you are having with your medicines and so improve their effectiveness. This is a confidential conversation and will be provided in a private area within the pharmacy or, if you prefer, you may choose to have the discussion over the telephone. To arrange this, please bring this copy of this discharge letter to your usual pharmacy.

Remember, you can ask your community pharmacist questions about your medicines at any time and they offer other useful services like healthy living advice, advice on treating minor illnesses, help with stopping smoking and NHS health checks too.

Other sources of information about medicines are available by telephone or on the internet

- NHS 111 www.111.nhs.uk or call ☎ 111
- Medicines A-Z www.nhs.uk/medicines
- Medicines for Children www.medicinesforchildren.org.uk

Patient information and liaison service (PALS) - to comment on Guy's & St. Thomas' services, or raise concerns, ask a member of staff to direct you to PALS or contact:

☎ 020 7188 8801 at St Thomas'

☎ 020 7188 8803 at Guy's

✉ pals@gstt.nhs.uk

Knowledge & Information Centre (KIC) - for more information about health conditions, support groups and local services contact:

☎ 020 7188 3416

✉ kic@gstt.nhs.uk

Language support services - If you need an interpreter or information about your care in a different language or format, please contact us by:

☎ 020 7188 8815

📠 020 7188 5953

✉ languagesupport@gstt.nhs.uk

REMEMBER, ALWAYS BRING YOUR MEDICATIONS WITH YOU ON EACH VISIT.

Version: 1